

LIFE GOALS WORKSHEET (Name: _____ Date: _____)

To maximize our lives, relationships and productivity for Christ and his kingdom, we need to evaluate ourselves and set goals. We must be willing to make necessary adjustments where we are not letting Christ be at the center of our lives and set goals for that to become a reality. After allowing some time to evaluate each area, then determine some desired changes and goals for this year and the accompanying actions that will be required for them to come to fruition.

Spiritual (Mental/Emotional) (Mark 12:29-30; Gal. 5:22-23; Phil. 4:4-9)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to improve my soul-health and intimacy with God?

Physical (1 Cor. 6:19-20, 9:24-27; 1 Tim. 4:7-8)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to improve my physical health and energy?

Professional (Matt. 5:13-16; Eph. 6:5-8; Col. 3:23-24; Titus 2:11-14)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to improve my attitude, quality and quantity of work?

Financial (Mal. 3:8-11; Prov. 3:9-10; Matt. 6:19-21; Lk. 21:1-4; 2 Cor. 9:6-7)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to give, save, and spend faithfully and effectively?

Marriage and Family (Eph. 5:21-33, 6:1-4)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to elevate communication and joy in my marriage?

With my children? Parents? Extended family?

Relationships (Mark 12:31)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to establish, strengthen, and show the love of Christ in relationships with others?

Church (Romans 12)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

What do I need to stop, begin or do better to elevate my enthusiasm, experience, engagement, service, and contribution to the members and organization of the church?

Witness/Mission (Philemon 1:6)

What is wrong, lacking or needed in this area? How do I need a breakthrough from God?

Who is unchurched and/or far from God that I need to pray for? How can/will I seek to engage them in gospel conversation and move them closer to the Lord and His church?